

# A day full of opportunities workbook

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“...the miraculous power of parent talk, a power that is the same, whether a child is born hearing or has acquired hearing via a cochlear implant.”

**Suskind, 2015**

# Empowerment in their hearing journey

Conversations and exposure to speech is important for the development of listening skills.<sup>1</sup>

## Hearing Tracker

1

Enable recipients and carers to view their individual Time in Speech. Support them to identify gains, opportunities and barriers to their listening progress between clinic visits.

2

Ask open questions to support recipients and families to think and reflect as they progress in their listening journey. Ask questions that focus on opportunities and the helpful things that people are doing.

3

Comment positively and descriptively on the helpful things that people share with you.



Ask:

### Hearing tracker

The tallest bars are on days when the most speech is heard, **Which** are the tallest bars?  
**What** happened on those days?  
**Who** was speaking? **Who** else?  
**What** conversations took place?  
**What** did you notice?  
**What** could you do next?

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**“Find the good and praise it.”**  
Alex Haley

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### Speech

**When** was there speech with little or no background sounds?  
**What** did you notice?

### Speech in noise

**When** was there speech with background sounds or noise?  
**What** did you notice? **What** may help?

### Accessory use

**Did** you use any accessories?  
**What** speech was heard through an accessory? **What** did you notice?  
**What** was helpful?

### Direct streaming

**Was** direct streaming used?  
**What** was heard through direct streaming? **What** did you notice?

## Time in speech

Included in each green bar is speech in quiet, speech in noise, speech through accessories and speech through direct streaming.



Speech



Speech in noise



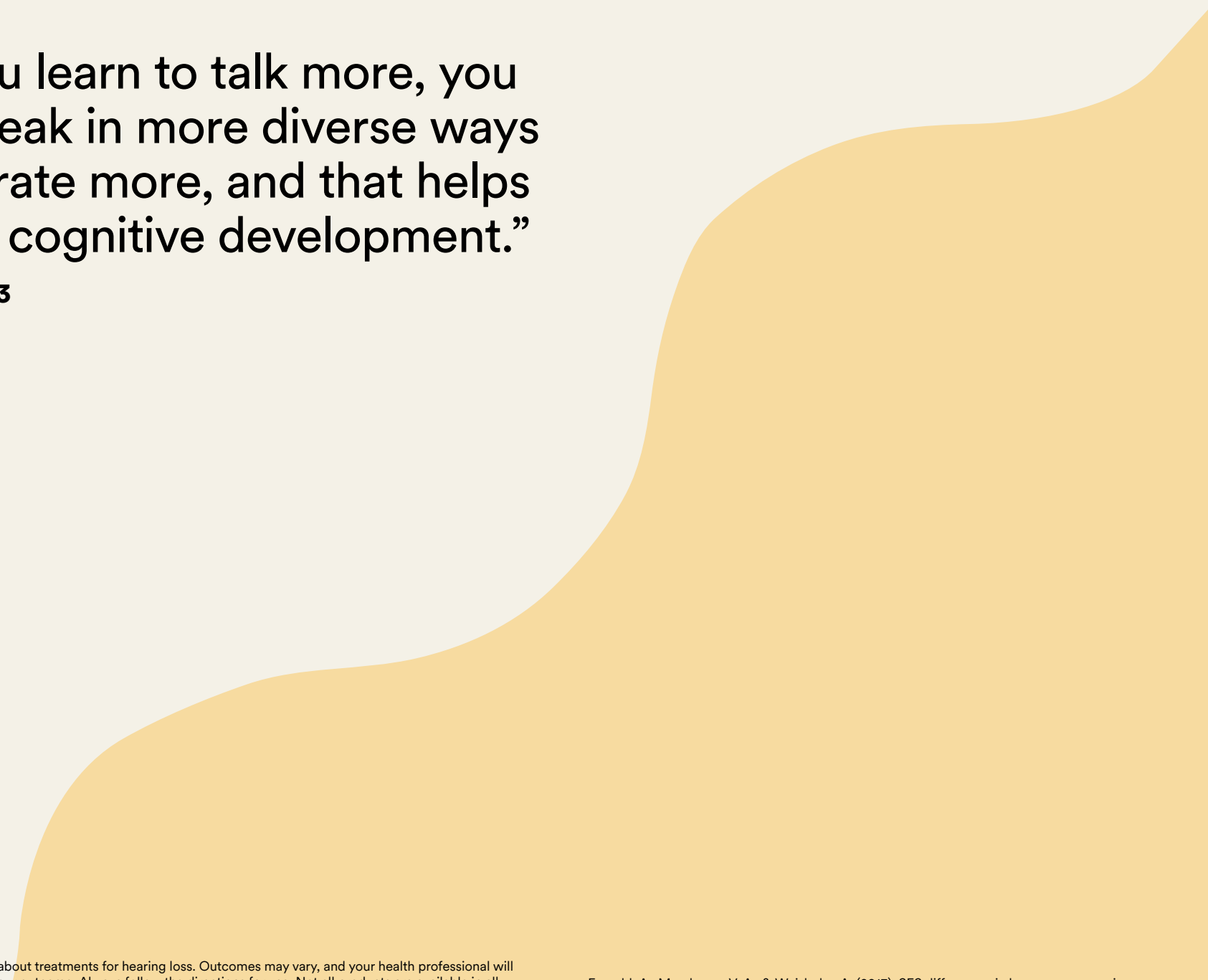
Accessory use



Direct streaming

1. Romeo RR, Leonard JA, Robinson ST, West MR, Mackey AP, Rowe ML, Gabrieli JDE. (2018). Beyond the 30-Million-Word Gap: Children’s Conversational Exposure Is Associated With Language-Related Brain Function. *Psychol Sci.* 29(5):700-710.

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“When you learn to talk more, you tend to speak in more diverse ways and elaborate more, and that helps the child’s cognitive development.”

**Fernald et al, 2013**

# Empowerment in their acoustic hearing journey

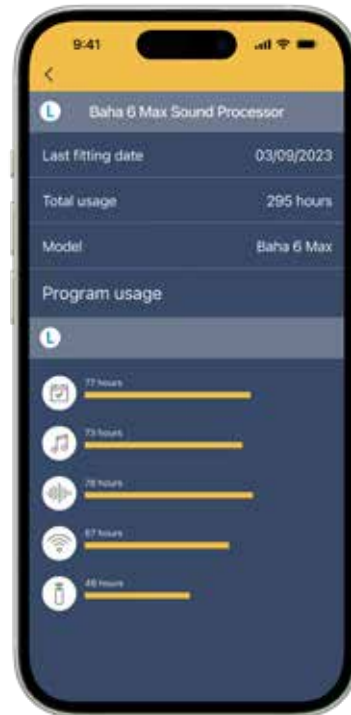
**Conversations and exposure to speech is important for the development of listening skills<sup>1</sup>**

Encourage recipients to progress in their listening journey with the use of Hearing Tracker.<sup>1</sup>

Early access to sound has been shown to make a difference in helping children learn, engage and fully experience the richness in their environment.<sup>2</sup>

Control and monitor your child's sound processor between appointments, you can use our Smart Apps to adjust and monitor your child's sound processor or locate a misplaced sound processor.

Enabling to view their individual hours spent using their device and listening can help them and/or carers to identify gains and barriers to their progress.



**How** do you find the morning activation routine with the sound processor? Any specific observations or routines you've established?

**Are** there specific environments or activities where you believe the Minimic 2+ might enhance your child's hearing experience?

**How** comfortable does your child seem with the sound processor throughout the day?

**Have** you noticed any changes in your child's comfort level or responsiveness when using a music program?

**As parents**, what positive changes or developments have you observed in your child since using the sound processor?

## Hearing in noise

SmartSound® iQ technology helps the sound processor define the environment you are in and automatically adjusts the settings to optimize your hearing experience.

## Streaming from a smartphone

It is possible to stream music, videos and more directly from a compatible Apple or Android™ device.

## Bring sound closer

Cochlear™ True Wireless™ devices help you to enhance your hearing experience in various situations, such as at work or during leisure activities.

## Favourites for Environments

Customise settings for different locations by saving as favourites, so they can easily be used for particular environments.

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**Cochlear's bone conduction solutions are designed to give your child access to a broad and dynamic range of sounds.**

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1. Romeo RR, Leonard JA, Robinson ST, West MR, Mackey AP, Rowe ML, Gabrieli JDE. (2018). Beyond the 30-Million-Word Gap: Children's Conversational Exposure Is Associated With Language-Related Brain Function. *Psychol Sci.* 29(5):700-710.  
2. Yoshinaga-Itano C. Early Intervention after universal neo-natal hearing screening: impact on outcomes. *Dev Disabil Res Rev.* 2003;9(4):252-66.

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“Why do anything more if you don’t know anything more needs to be done?”

**Suskind, 2015**

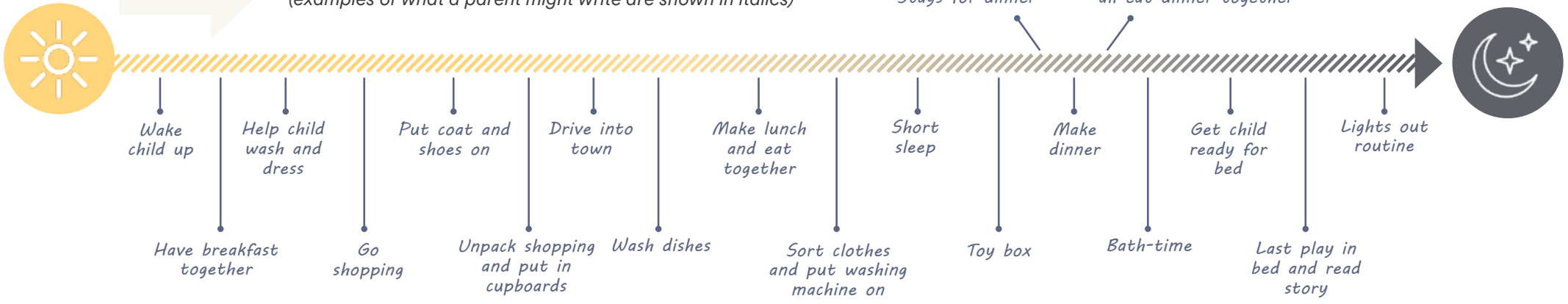
# Opportunities مُتاحات Möglichkeiten صِدْر Oportunidades فِرساتل Opportunità مُغَلِجْهَدَن Opportunités תּוֹנְמַדָּה Möjligheter مُؤْجَلِجْهَتَر Oportunidades مُؤْجَلِجْهَتِ Możliwości مُغَلِجْهَتِ Lehetőségek مُؤْجَلِجْهَتِ Muligheter مُؤْجَلِجْهَتِ Cyfleoedd مُؤْجَلِجْهَتِ Mathuba مُؤْجَلِجْهَتِ Mahdollisuudet مُؤْجَلِجْهَتِ Muligheder مُؤْجَلِجْهَتِ Priložnosti مُؤْجَلِجْهَتِ Ευκαιρίες

**1** Help parents to think and reflect on their day full of opportunities for conversations with their child.



**Ask:**  
 What do you do with your child across the day?  
 Can you write them on the sheet?  
 What else do you do?  
 What do others do with your child?  
 What else?

**2** **Ask:** Can you write what you do on the sheet?  
 (examples of what a parent might write are shown in italics)



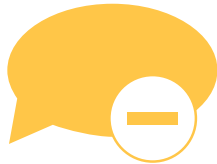
**3** **Ask:**  
 When do you put the processors on and off?  
 Can you mark that on the timeline?  
 What happens when they come off during the day?  
 What do you do?

# Quantity & Diversity: Talk! Sprechen! تكلم! Hablar! Konuş! Parlare! Parler! לדבר! Prata! Falar! Vorbi! Rozmawiać! Praat! Beszélgetés! гoвopити! Snakke! Labhair!Siarad! Khuluma! Puhua! Tale! Разговаривать! Govori! МИЛА рe!

**Ask:** 1 Can you pick one of the activities from your timeline? Can you write it on the sheet?

*Make lunch and eat together*

## Less talk



Simple directives  
Negative/ controlling  
“I make little difference”

2 On a day when you talk a little, what might you say to get through the activity?  
What simple directions might you say?  
What controlling things might you say?

*No, no, no!*

*Here's lunch.*

*Stop that.*

*Pass it to me.*

*Careful.*

*Eat up.*

*Wait a minute.*

*Can you remember what we got for lunch?...  
Your favourite!*

*What have we got?...  
Cheese...  
Some bread, a long long baguette!  
And tomatoes, tiny little ones.  
Your favourite!*

*What heavy bags!  
All that yummy food.  
We've bought a lot of things.*

*Do you want to help me make a sandwich?  
That's nice.  
You're so helpful.*



## More talk

Extra talk  
Positive/ affirming  
“I make a difference”

3 If you talk more what extra things might you say?  
What positive things might you say?

*I forgot the milk!  
Never mind, we'll have something else.  
What shall we drink instead?  
Is there something you like in the fridge?  
Apple and mango juice,  
I'm glad you saw that!*

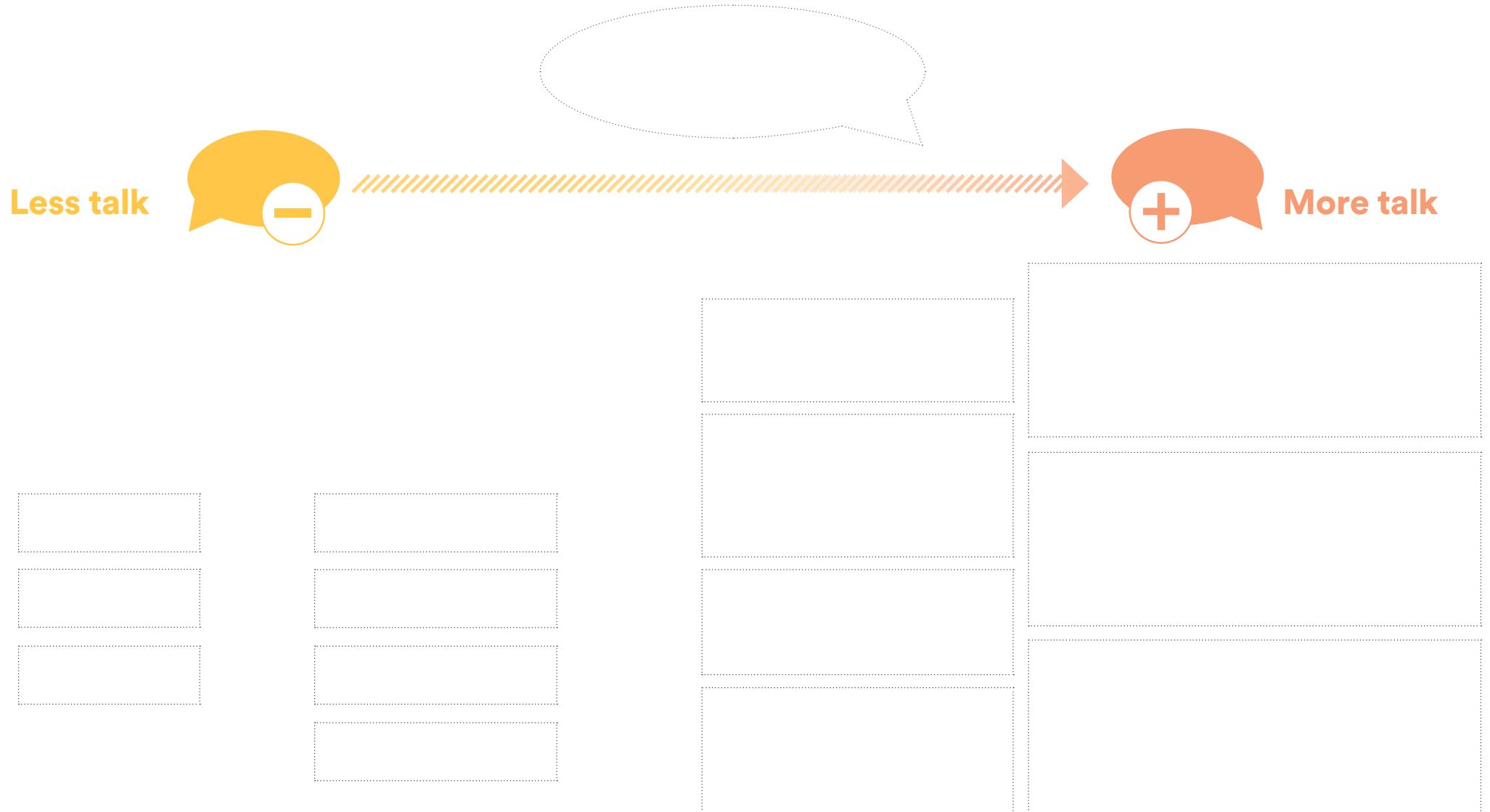
*Look at you slicing those tiny tomatoes!  
Very good.  
You're being so careful, well done.  
What else do you want in this sandwich?  
I'd like some lettuce. Where is the lettuce?*



Opportunities Möglichkeiten فُرْصَ Oportunidades Fırsatlar Opportunità Mogelijkheden  
Opportunités תּוֹכְחָה Möjligheter Oportunidades Oportunități Możliwości Geleentede  
Lehetőségek Можливості Muligheter Cyfleoedd Mathuba Mahdollisuudet Opportunitajiet  
Muligheder Возможности Priložnosti Ευκαιρίες



Quantity & Diversity: Talk! Sprechen! تكلم ;Hablar! Konuş! Parlare! Parler! לדבר ! Prata!  
 Falar! Vorbi! Rozmawiać! Praat! Beszélgetés! говорити! Snakke! Labhair!Siarad! Khuluma!  
 Puhua! Tale! Разговаривать! Govori! ΜΙΛΑ ρε!



# Hear now. And always

Cochlear is dedicated to helping people with moderate to profound hearing loss experience a world full of hearing. As the global leader in implantable hearing solutions, we have provided more than 700,000 devices and helped people of all ages to hear and connect with life's opportunities.

We aim to give people the best lifelong hearing experience and access to next generation technologies. We collaborate with leading clinical, research and support networks to advance hearing science and improve care.

That's why more people choose Cochlear than any other hearing implant company.

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