

## SPEECH

## Domain and goal

- Imitates central vowels in syllables with /m/ and /b/:
  - /o/-hot
  - /æ/-bat
  - /a/-car
  - /^/-but
- Imitates front vowel /i/-eat and back vowel /u/-moo in syllables with /m/ and /b/

## Activities

Vowels are grouped according to where and how they are produced in the mouth. There are three groups of vowels: front, central and back. The central vowels are the easiest to produce as they require less precise tongue, lip, and jaw movement and tenseness. Pair the /m/ and /b/ with the central vowels this week during your speech babble practice.

The main thing to remember about speech babble practice is to motivate your child to imitate by using fun activities that allow for lots of repetition.

- Say the vowel alone first and if your child produces it correctly, pair it with the /m/ or the /b/.
  - /o/ and then /bo/-reward your child's effort
  - /a/ and then /ma/-reward your child's effort
- If your child easily imitates a variety of vowel with /m/ and /b/, try alternating the syllables:
  - /ba/ /bo/-reward your child
  - /mæ/ /m^/-reward your child

## Fun activities for speech babble goals:

- Bury small toys in sand and after each syllable your child can try to find a toy in the sand.
- Give your child a stacking block each time he imitates a syllable, stack them up and when they are all gone, knock them down.
- Throw a ball after each repetition.
- Jump on coloured squares of paper on the floor, one jump after each imitation.
- Push child on swing. Pull child back on swing about six inches for each syllable imitated. Once your child is pulled back as far as possible, get one more imitation and then let them go. When they stop swinging, repeat the process.
- Roll cars down a slide, one car for every imitation. When the cars are all gone, your child can imitate one last syllable and then slide down to collect the cars.

Date	What did your child do?

