

Domain and goal

- Produces /h/ with proper breath stream and no voice

Activities

In Week 3 you worked on /p/ and making it a voiceless sound. /h/ is the same kind of sound, produced with lots of air and no voice.

Fun ways to practice /h/

Mirror

- Put your face close to a mirror and produce a /h/ with no voice and exhale a long time. You should be able to see condensation or 'fog' on the mirror after you produce the sound.

Fun activities for speech babble goals:

- Bury small toys in sand and after each syllable your child can try to find a toy in the sand.
- Give your child a stacking block each time he imitates a syllable, stack them up and when they are all gone, knock them down.
- Throw a ball after each repetition.
- Jump on coloured squares of paper on the floor, one jump after each imitation.
- Push child on swing. Pull child back on swing about 6 inches for each syllable imitated. Once your child is pulled back as far as possible, get one more imitation and then let them go. When they stop swinging, repeat the process.
- Roll cars down a slide, one car for every imitation. When the cars are all gone, your child can imitate one last syllable and then slide down to collect the cars.



| Date | What did your child do? |
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