



Hear now. And always

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Introduction and Menus

To begin in English, Press 1

We at Cochlear want to maximize your sound processor listening experience. We look forward to hearing your telephone success stories after using this program.

To get started please chose from the following three options:

For today's word list, Press 1

For today's short passage, Press 2

For today's long passage, Press 3

To repeat these options, Press 4

Week 2 – Gardening

Welcome to today's word list.

Word List

Voice: Female

1. Carnation
2. Snapdragon
3. Ivy
4. Fern
5. Eucalyptus

That completes today's word list. Call back tomorrow and listen to a new word list.

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<http://hope.cochlearamericas.com/listening-tools/telephone-training>

To go back to the main menu, Press 1

To repeat this word list, Press 2



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Welcome to today's short passage.

Short Passage

Voice: Male

To prevent accumulating dirt under your fingernails while you work in the garden, draw your fingernails across a bar of soap and you'll effectively seal the undersides of your nails so dirt can't collect beneath them. Then, after you've finished in the garden, use a nailbrush to remove the soap and your nails will be sparkling clean.

That completes today's short passage. Call back tomorrow and listen to a new short passage.

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To repeat this passage, Press 2

Welcome to today's long passage.

Long Passage

Voice: Female, Accent

Edible flowers aren't a new phenomenon, but garnishes of fresh flowers tend to intimidate diners. No one is really sure if the flowers are there for decoration or to be eaten. Even if they are to be eaten, diners often wonder if they will taste good, or like parsley, be better left on the plate.

There are several flower blossoms that can be enjoyed both fresh and cooked. It's hard to find edible flowers to purchase, but quite easy to grow most of them in your garden. Since flowers are best when eaten soon after the harvest, growing your own edible flowers makes even more sense.

Use Caution When Selecting Edible Flowers. Only eat flowers when you are absolutely certain they are edible. Just because a flower is used as a garnish, doesn't mean it's edible. Never eat a flower that has been treated with a pesticide that was not labeled for use on food products. Always follow the pesticide label instructions for harvesting. Never eat flowers from florists, nurseries or roadsides.



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For most flowers listed as being edible, they are referring to the petals only. Remove the pistils and stamens before eating as well as any attached sepals. Expect the flavor of edible flowers to vary seasonally and with the growing location. Edible flowers should ideally be harvested in the cool, morning hours. If you are not going to be using the flowers immediately, cut them with the stems intact and keep them in water. You could also store them in damp paper towels, in the refrigerator.

Edible flowers you can grow in your vegetable or flower garden include: Borage, Calendula, and Dandelion. Borage has a cucumber like scent and flavor. The vivid blue flowers make a striking addition to a salad or a last minute garnish to cooked foods. Calendula petals work well in cooked and fresh dishes. Calendula is also used as a saffron substitute. The yellow or orange petals will color and flavor foods when chopped and sautéed. Everyone is familiar with dandelion wine, but the flowers are also edible and quite delicious when young and tender. There are many cultivated varieties that have been developed for less bitter taste and more controlled growth, but even the so called weeds in your lawn can be eaten, provided you haven't used pesticides on them.

That completes today's long passage. Call back tomorrow and listen to a new long passage.

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To repeat this passage, Press 2
