

GUIDE TO STAYING ACTIVE

Tips to keep your sound processor safe, so you can play like a champion.

WITH A COCHLEAR™ SOUND PROCESSOR



Waterproof your sound processor with an Aqua+

- We recommend using an Aqua+ if you plan on visiting the beach, lake or pool. With the Aqua+ your processor can be worn underwater to a depth of three metres for up to two hours .
- Use LR44 alkaline or nickel metal hydride disposable batteries when using Aqua+ with the Nucleus® Kanso® Sound Processor or Nucleus 7 Sound Processorⁱ. You can also use a rechargeable battery module for compatible sound processorsⁱⁱ.



Keep your processor in place

- Explore retention options. They can offer you peace of mind during exercise/ activities by keeping your sound processor in place. Options for the Nucleus 7 Sound Processor include earhooks, Hugfit and Snugfits. Options for the Nucleus Kanso Sound Processor include the Short Safety Line, Short Safety Line Hair Clips, and the Cochlear™ Headband.

WITH A BAHA® SOUND PROCESSOR



Protect your Baha device from water

- Remember to take your sound processor off when you are showering and when you go swimming. We also recommend that you use an umbrella in rainy conditions. Your Baha device is not waterproof.



Keep your processor in place

- Use the Baha safety line when taking part in activities where you risk losing your sound processor, simply insert the line into the attachment point and fasten it to your clothingⁱⁱⁱ .

GENERAL ADVICE



Take extra care of your sound processors

- Remember to change your microphone protectors regularly for optimum sound quality. We recommend changing them every three months with normal use, but you may need to change them more often if you're participating in outdoor activities.
- Use a Dry and Store unit with Dry-Bricks to keep your processor dry. Moisture is among the most common reasons sound processors experience problems.



Exercise caution with high impact or adrenaline activities

- It is recommended that you speak with your healthcare professional before trying a new activity such as bungee jumping, skydiving or going on rollercoasters.
- Use a helmet that's specific to your sport, such as a hard helmet for cycling or horse-riding. That way, your processor will be protected from knocks, bumps and hard impact.
- Check the maximum diving depth for your implant type if you are considering scuba diving. Also, avoid pressure over the implant site when wearing a mask.



For parents with children starting a new sport

- Communicate your child's hearing loss to their coaches and teammates. That way, they can help your child hear better in various situations. Talk to your child beforehand to establish what they are comfortable sharing and whether they want to speak for themselves or have you help them.
- Consider using wireless technology to enhance your child's hearing experience. The Cochlear Wireless Mini Microphone 2+ has a range of up to 25 metres. Simply clip it onto the coach's shirt and their voice will transmit directly to your child's sound processor.

- The Nucleus 5 Sound Processor and Nucleus 6 Sound Processor with the Nucleus Aqua+ is water resistant to level IP68 of the International Standard IEC60529 when used with rechargeable batteries without the acoustic component.
- The Kanso Sound Processor with Aqua+ is water resistant to level IP68 of the International Standard IEC60529 when used with LR44 alkaline or nickel metal hydride disposable batteries. Refer to the relevant User Guide for more information.
- Designed for Baha 5 SuperPower, Baha 5, Baha 4, Baha 3, Baha Divino and Baha Intenso Sound Processors.

Note: The Nucleus 7 Sound Processor with Aqua+ and Aqua+ Coil is dust and water resistant to level IP68 of the International Standard IEC60529 when you use a Cochlear Standard Rechargeable Battery Module or Cochlear Compact Rechargeable Battery Module. Refer to the relevant User Guide for more information.

For more information contact your local customer service team or get connected with Cochlear Family to receive updates on device usage.

Please seek advice from your health professional about treatments for hearing loss. Outcomes may vary, and your health professional will advise you about the factors which could affect your outcome. Always read the instructions for use and refer to the relevant user guide for more information. Not all products are available in all countries. Please contact your local Cochlear representative for product information. Consult your health professional to determine if you are a candidate for Cochlear technology.

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